



UKCPD Presents

# The Ultimate NLP Training Program

## Neuro Linguistic Programming Practitioner Training

Including The Following Certification Options

– Coaching Diploma – Hypnotherapy Diploma –

Certification is recognised by the following professional organisations.





Hello, many thanks for taking the time to look at the NLP training program that we offer. I passionately believe that the quality of training we offer is the best and that our trainers are some of the most talented and experienced available.

We have produced this brochure to help you decide if this training is for you. It contains some brief information about NLP, coaching and hypnotherapy. We also include a FAQ section, some information about UKCPD and short profiles on our core trainers.

UKCPD is an organisational member of the Association for Coaching (AC), an Accredited Training Provider with the Association for NLP (ANLP) and a member of the General Hypnotherapy Standards Council.

If you would like to know more about this training program please feel free to contact me at any time.

I am totally committed to the highest quality of training for our students as I know from experience how powerful this training can be, it transformed my life and I know that this training program will make a really positive difference to you and your life. I am so convinced of this that we offer a full money back guarantee if the training does not live up to your expectations.

Before we confirm your admission on the program all prospective students **MUST** take part in a Pre-Screening Interview, this is to insure our program and your outcomes are a good fit.

I look forward to meeting you in person in the very near future.

Kind regards

Tony Nutley  
**Course Director**

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# What is Neuro-Linguistic Programming (NLP)?

Neuro-Linguistic Programming is a powerful body of information about how the human mind works built up since the 1970's and continuing to evolve through new research. You are likely to find many different descriptions of NLP.

At the heart of NLP is a wide range of methods and models it offers for understanding how people think, behave and change. It offers a flexible approach which brings about positive, fast change in individuals and organisations and empowers them to adapt to an ever-shifting world.

NLP training provides the skills to define and achieve your outcomes or goals and a heightened awareness of your five senses, allowing you to remain flexible, on track and maintain rapport with those around you.

"NLP is an attitude which is an insatiable curiosity about human beings with a methodology that leaves behind it a trail of techniques." - - Richard Bandler (co-founder of NLP)

## **NLP is about communication.**

One of the principles of NLP is that we are always communicating and a very large proportion of our communication is non-verbal. So what are we communicating? Is what we intend to convey the same as what the listener understands? If not, how do we recognise the cues and adjust? Research, sponsored by BT, tells us that 6 out of 10 people in the UK want to be better at communicating. NLP provides practical tools for achieving highly skilled communication.

## **NLP is about language.**

Language affects how we think and respond. The very process of converting experience into language requires that we condense, distort, and summarise how we perceive the world. NLP provides questions and patterns to make our communication more clearly understood. NLP teaches us to understand how language affects us through implicit and embedded assumptions.

The English language is full of traps and pitfalls for the unwary communicator... for example; if you are told NOT to think of a kangaroo ...you will immediately think of a kangaroo, which is the opposite result from that intended!

Listen for the use of implied assumptions when you use the word 'but'. For example, 'I like the way that you did that piece of work, but... .' The listener tends to forget everything that went before the 'but'; waiting for problems to emerge.

Since advertisers, the media and politicians use language to convey their messages, learning about language through NLP can increase awareness and "consumer protection" for your mind.

## **NLP is about modelling excellence**

NLP processes/strategies have developed as a result of discovering how experts or excellent leaders do what they do so well; it is then possible to teach these skills to others. Modelling skills, based on detailed observations and careful questions around beliefs and values, are the key to competence in NLP. Learning the specific components of how others do something well will provide you with new options and accelerate your learning.

The NLP Spelling Strategy (developed by Robert Dilts, USA ) was modelled from naturally good spellers and is easily taught to children and adults. NLP allows you to devise strategies for dealing with challenges. For example, if you find it difficult to get up in the morning, ask someone who does not find it difficult how they motivate themselves to do it. Other applications abound in education, business (e.g. competency modelling), health, sports and personal development.

## **NLP is about mastering your mind**

NLP describes, in very precise terms, the images, sounds, and feelings that make up our inner and outer world. How do we know what we know? How do we do what we do? For example, how do you know that a pleasant memory is pleasant? How do you know when to feel scared or happy? How do you know that you like or dislike something? How do you learn a subject easily, or not?

NLP provides us with the equivalent of a user's manual for our brain - NLP techniques demonstrate how we 'code' our experience. When we understand the specific ways that our brains make distinctions, then it is easier to make changes, to learn and to communicate effectively.

## **NLP is the study of internal experience**

NLP is a tool to calibrate and understand how an individual makes sense of the world. NLP studies individuals' experiences: how our thoughts, actions and feelings work together to produce our experience. It does NOT assume that we all do this the same way. It does NOT produce formulae for body language or even eye movements without understanding the individual.

In NLP we know that each person has a unique style of learning, perceiving and responding to the world. NLP is inherently respectful of differences.

Our 20 day training program covers a broad spectrum of NLP techniques and schools of thought. The program is delivered by trainers that work as professional NLP practitioners, (coaching, organisational development, therapy). This gives the program real gravitas, theories and ideas will be fleshed out with real examples of how NLP works in the real world.

Our NLP Practitioner program is accredited by the ANLP; the leading professional body for NLP trained professionals. **Students that successfully complete the training program will receive one year's membership of this professional organisation; this includes all fees and benefits of professional membership.**

## What Is Coaching?

Recently we have seen the popularity of coaching as a vehicle for change and development really take off; the reasons for this are many. The number of TV shows that promote this approach for personal and professional development and personal success clearly add to the public understanding of what happens when you engage a Personal / Life Coach.

Coaching is a professional partnership between a qualified coach and an individual that supports the achievement of extraordinary results, based on goals set by the individual. Through the process of coaching, individuals focus on the skills and actions needed to successfully produce their personally relevant results.

Through the coaching process the clarity that is needed to support the most effective actions is achieved by the client. Coaching accelerates the client's progress by providing greater focus and awareness of possibilities leading to more effective choices. Coaching concentrates on where individuals are now and what they are willing to do to get where they want to be in the future.

Of course a coach must remember that results are a matter of the individual's intentions, choices and actions, supported by the coach's efforts and application of coaching skills, approaches and methods.

### **What are the benefits of coaching?**

Individuals who engage in a coaching relationship can expect to experience fresh perspectives on personal challenges and opportunities, enhanced thinking and decision making skills, enhanced interpersonal effectiveness, and increased confidence in carrying out their chosen work and life roles. Consistent with a commitment to enhancing their personal effectiveness, they can also expect to see appreciable results in the areas of productivity, personal satisfaction with life and work, and the achievement of personally relevant goals.

### **How can you determine if coaching is right for you?**

To determine if you could benefit from coaching, start by summarizing what you would expect to accomplish in coaching. When someone has a fairly clear idea of the desired outcome, a coaching partnership can be a useful tool for developing a strategy for how to achieve that outcome with greater ease.

Since coaching is a partnership, also ask yourself if you find it valuable to collaborate, to have another viewpoint and to be asked to consider new perspectives. Also, ask yourself if you are ready to devote the time and the energy to making real changes in your work or life. If the answer to these questions is yes, then coaching may be a beneficial way for you to grow and develop.

### **Why train to be a coach?**

Coaching is growing in popularity worldwide - simply because it works. What could be better than earning a great living helping others succeed? Professional coaches enjoy the financial rewards and personal fulfilment of owning their own businesses while making the world a better place. You're in the right place at the right time to realize your dream.

## **What will the UKCPD Coaching training program give me?**

Good question, there are many training programs to choose from. We believe that our program is unique as you will receive 20 days face to face training from people that work as coaches both in the corporate world as well as to members of the general public. Our core NLP training program will equip you with the best tools and techniques available.

## **NLP and Coaching**

NLP presuppositions, skills, and models serve the coach in many ways. Several of the presuppositions of NLP are particularly useful in establishing the coaching frame. In reading this article, I'm sure you have noticed many of them. Everyone has the resources he or she needs. The worth of an individual is constant, while the behaviour can change. The map is not the territory. We respond to our maps, not to any "objective" reality. It is better to have choices than not to have choices.

By living these presuppositions, experienced NLP practitioners naturally embody the attitudes of great coaches... Both assume that the client is capable. Both have experience exploring underlying mental frameworks that either support or inhibit growth. They are less likely to get distracted by "the story," the surface structure. They assist clients in finding the deep structure of their experience, where profound change takes place.

NLP skills assist the coach in every session. The NLP coach listens for familiar language patterns that indicate a client's self-imposed limits, and he/she knows how to generate powerful questions in response to those patterns. The NLP trained coach can introduce the idea of multiple perspectives through skilful questioning. "What might your future self suggest?" "Is this the critic? What does the dreamer have to say?"

An understanding of NLP models enriches the abilities of a coach, often beginning a coaching session with outcome specification questions. Eliciting a well-formed outcome helps clients define their vague dreams and set up evidence procedures. In many cases, just specifying an outcome generates movement toward it.

These questions often facilitate breakthroughs. Exploring underlying beliefs is an important aspect of coaching. Beliefs change naturally and organically as people align with their goals and values. NLP models that generate powerful questions include: timelines, reframing, perceptual positions, the Meta-model and Logical Levels.

NLP practitioners often develop an unconscious sensitivity to the use of language that informs their intuition. Frequently, the most powerful questions in a coaching session come spontaneously from the coach's intuition.

Our training program is recognised by the Association for Coaching. Successful completion of the program leads to membership of the AC.

The benefits of membership of a coaching association are multiple; it is a signal to your clients of your professionalism and commitment to ongoing development. The setting up of a practice is covered in depth during the training program.

## What Is Hypnosis?

Healing by trance state (or an altered state of awareness) is among the oldest phenomena known to man and is found, in one form or another, in virtually every culture throughout the world. It could also be legitimately described as the original psychological therapy and somewhat more contentiously, as the basis for many of the more recent styles of psychological intervention.

Although such altered states have been known for thousands of years, the term “hypnosis” (from the Greek “*hypnos*”, meaning “*sleep*”) was only coined circa 1840 by Dr James Braid, a Scottish physician and remains a somewhat less than accurate description of the experience, as the hypnotic state is, in most respects, entirely dissimilar to sleep.

At our current level of knowledge, the phenomenon of hypnosis cannot be conclusively defined but perhaps a reasonable interim definition might be that: *Hypnosis is a state of mind, enhanced by (although not exclusively) mental and physical relaxation, in which our subconscious is able to communicate with our conscious mind.* It may be better to define “hypnosis” by what it does rather than what it is and in this regard, it is widely accepted as a most excellent method by which we may access our inner potential. The state of mind referred to may be brought about either by oneself, unaided (self-hypnosis) or with the help of another person. If this other person is a trained professional, who utilises the resultant state of mind to encourage beneficial change to occur, the process is referred to as “*Hypnotherapy*”.

## **What is Hypnotherapy?**

Psychological therapy and counselling (sometimes referred to as the “talking cure”) is the treatment of emotional and psychological disorders, unwanted habits and undesirable feelings, using psychological techniques alone. The aim of all such therapy is to assist people (usually referred to as *clients*) in finding meaningful alternatives to their present unsatisfactory ways of thinking, feeling or behaving. Therapy also tends to help clients become more accepting both of themselves and others and can be most useful in promoting personal development and unlocking inner potential.

There are many forms of psychological therapy but Hypnotherapy is distinctive in that it attempts to address the client’s subconscious mind. In practice, the Hypnotherapist often (but not exclusively) requires the client to be in a relaxed state, frequently enlists the power of the client’s own imagination and may utilise a wide range of techniques from story telling, metaphor or symbolism (judged to be meaningful to the individual client) to the use of direct suggestions for beneficial change. Analytical techniques may also be employed in an attempt to uncover problems deemed to lie in a client’s past (referred to as the “*there and then*”) or therapy may concentrate more on a client’s current life and presenting problems (referred to as the “*here and now*”). It is generally considered helpful if the client is personally motivated to change (rather than relying solely on the therapist’s efforts) although a belief in the possibility of beneficial change may be a sufficient starting point.

Regardless of the techniques employed, perhaps the most important thing is that a client should expect to feel comfortable and at ease with their therapist. This is of particular importance in Hypnotherapy, in which the value of the treatment is greatly enhanced when there is confidence in the practitioner. For this reason it is recommended that a single session only is initially booked, leaving the client subsequently free to decide if they wish to proceed with more.

Unlike many other psychological therapies, Hypnotherapy is generally considered to be a fairly short-term approach in which beneficial change, if it is to occur, should become apparent within a relatively few sessions.

N.B. In actual practice, most Hypnotherapists will combine hypnotic procedures with other appropriate counselling and therapeutic techniques. Should there be any doubt about the combination of skills utilised in individual cases, the therapist should be asked directly for a further explanation of their preferred methodology

### **Why take this training with UKCPD?**

The core training is in NLP and its applications. The use of the Milton model and other related approaches are explored in great detail. The trainer works as a therapist so the training program is full of actual examples of the models working. All students that elect to take this certification will be required to have supervision for at least 1 year.

Our program is validated by the General Hypnotherapy Standards Council.

Successful completion of the program entitles the graduate to apply for registration with the General Hypnotherapy Register. The benefits of this professional registration are multiple. The setting up of a practice is covered in the training program, i.e. insurance, professional memberships, registration, CPD, marketing etc.

The above is courtesy of The General Hypnotherapy Register

The NLP & Hypnotherapy Practitioner Program offered by the **UK College of Personal Development** has been **assessed and validated at Practitioner Level** by the **General Hypnotherapy Standards Council (UK)**. Graduates from this course are eligible for professional registration with **The General Hypnotherapy Register** (the GHSC's Registering Agency), together with the acquisition of the industry-based award – **The General Qualification in Hypnotherapy Practice (GQHP)**

For more information about the above please feel free to contact us or the General Hypnotherapy Standards Council (UK) at any time.

## FAQ's

### **Why book my NLP / Coaching / Hypnosis training with the UKCPD?**

Some NLP training programs leave you with lots of theory and no practice, other courses give you lots of exercises without ever explaining why things work the way they do.

Our 20 day training program is results focused using a blend of experiential learning techniques with restricted numbers of delegates and are specifically designed for maximum understanding and skills integration. On our training program you will learn not only the theory but also get plenty of practice at using new skills. And the trainers are all working professional in the field of NLP, Coaching and Hypnotherapy.

Our training program is fully certified and recognised by the appropriate professional organisations. The entire training program is supported by individual "Learning Logs" and both practical and written "home work". This training program delivers on all levels ensuring complete success and satisfaction. We offer a 100% money back guarantee.

### **Can I use these skills to start a new career?**

Definitely! As a Certified NLP Practitioner / NLP Coach / Hypnotherapist you can use your skills to help others find new ways to become successful in their personal and professional lives. You can work with individuals, groups or even corporations to help increase their personal and professional skills as well as customer care. The program includes a very helpful section on setting up your practice with guidance and advice on insurance, professional memberships, marketing and CPD.

### **At the end of the training program will the certifications issued be recognised?**

Yes, successfully completing our training program entitles you to membership of the Association for NLP (ANLP), the Association for Coaching and apply for registration with the General Hypnotherapy Register (GHR).

### **Who will benefit from this training?**

Almost anyone who wants to enhance their personal or professional life or help others to do so. By learning these advanced communication and goal achievement skills we believe that the opportunities are endless.

### **How much does it cost?**

Our complete training program is £1999.00 plus VAT. Payment can be made in instalments. (ask for details)

### **Are there any discounts available?**

Yes, if you have been involved in any NLP training in the past you can benefit from a £150.00 discount. (Ask for details.)

### **How do I book my place and when does the training start?**

The booking form is in this brochure (last page) the next start date will be in September, to register your interest simply visit our website and register your details. Or send an e-mail to [info@ukcpd.net](mailto:info@ukcpd.net) or simply call 07967 802705 and ask Tony directly.

## **How do I become certified in NLP, Coaching, and Hypnotherapy?**

NLP is a behavioural discipline, in a sense all students are being assessed from certification from day one. Firstly you will need to attend the Seminars, if you do miss one of the weekends then we will do our level best to help you catch up. We believe that attendance for the entire program is the best way of ensuring success. We use four specific means of assessing students.

Ongoing observation	Walk the talk, personal growth and congruence.
Integration Paper	Students will need to achieve a pass mark of 75.
Practitioner Assessment.	Real time assessment, members of the public with real issues are presented for you to assist.
Project Work	Each student will be invited to complete a modelling project.
Learning Log	Structured learning evidence.

NLP Practitioner certification will be awarded to those who **fully participate** in the program and successfully complete assessment criteria.

### **Diploma In Coaching Skills Certification Assessment Criteria**

Diploma In Coaching Certification is available to students that complete the NLP program, receive Practitioner Certification and fulfil the following additional certification criteria.

- Complete a Learning Journal
- Submit an essay (approximately 3000 words) outlining learning and understanding of key coaching tools / skills / techniques.
- Demonstrate Core Coaching capabilities.
- Documented examples of at least two client coaching relationships that consisted of a minimum of 3 coaching sessions that resulted in personal progress towards a stated outcome for your client.
- Agree to be bound by the Code of Ethics of the Association for Coaching

### **Diploma In Hypnotherapy Certification Assessment Criteria**

Diploma In Hypnotherapy Certification is available to students that complete the NLP program and receive Practitioner Certification and fulfil the following additional certification criteria.

- Complete a Learning Journal
- Submit an essay (approximately 3000 words) outlining their learning, understanding of key therapy / skills / techniques.
- Design a client intervention (script etc) using hypnotherapeutic & NLP methodology.
- Demonstrate capability to conduct therapy using appropriate language patterns.
- Documented examples of at least four client therapy relationships that resulted in the desired client outcome / improved client situation or experience.
- Agree to have supervision for at least one year and be bound by the Code of Ethics of the General Hypnotherapy Register.

## How does the program run?

The program runs over 10 weekends, each seminar focuses on a particular area of learning and builds on the previous. The following is an overview of the entire training program.

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|-------------------|--|
| <b>Seminar 1</b>  | NLP An Overview & History, Presuppositions, Rapport, Sensory Acuity, Calibration, Eye Accessing Cues, Outcomes 1.                                  |
| <b>Seminar 2</b>  | Representational Systems, Predicates, Anchors, Submodalities, Outcomes 2.  |
| <b>Seminar 3</b>  | Modelling, (Modelling Project Set Up)  |
| <b>Seminar 4</b>  | The Meta Model.  |
| <b>Seminar 5</b>  | Milton Model, Hypnosis For Personal Development, Metaphor & The Unconscious Mind, The Use of Scripts. (Hypnotherapy Diploma Core Seminar)          |
| <b>Seminar 6</b>  | Change Processes   |
| <b>Seminar 7</b>  | NLP & Coaching (Coaching Diploma Core Seminar)   |
| <b>Seminar 8</b>  | 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> Generation NLP, advanced Change Processes  |
| <b>Seminar 9</b>  | Integration Part One, NLP/Coaching/Hypnotherapy In Practice. General Guidance On Setting Up A Practice, Insurance & Professional Memberships, CPD. |
| <b>Seminar 10</b> | Integration Part Two, NLP And Life Long Learning, Practitioner Certification.  |

## What will I actually learn?

The following are some of the learning areas in NLP and which are key skills, tools and beneficial behaviours in both Coaching and Hypnotherapy practice:

NLP for personal use;

- Set well formed outcomes
- Respond to personal ecology checks
- Recognise and respond to personal incongruity
- Establish resourceful anchors
- Maintain a resourceful state
- Alter your state by
  - shifting your focus of attention
  - shifting beliefs and presuppositions
  - firing anchors
  - moving between associated and dissociated positions
- Gather information from different perspectives

NLP when working with others;

- Establish and maintain rapport by responding to
  - predicates
  - voice
  - body movements
  - thinking styles
  - metaphors
- Gather information by responding to
  - shifts in physiology
  - eye accessing cues
  - patterns of incongruity
  - meta-model patterns
- Assist resourcefulness in others by
  - enabling them to access appropriate states
  - using appropriate anchors
  - offering sensory specific feedback
- Enable the explorer to discover information by using
  - Meta-model questions
  - Milton-model language
  - Metaphor and stories
  - temporal and spatial predicates
  - and establishing ecological outcomes
- Select appropriate interventions to assist the explorer achieve his or her desired situation
- Calibrate and test evidence
- Assist an explorer through his or her exploration, ecologically and congruently
- Demonstrate ecological practice at all times

## **Who or what is the UKCPD?**

Tony Nutley wanted to create a new way of offering high quality personal development training and resources. After many conversations the idea of creating a specific Personal Development College seemed the obvious and best way of fulfilling this dream.

The website of the college will be a virtual campus with members of the college benefiting from specific resources and opportunities to learn. Online training programs are being developed and we continue to foster professional relationships with other colleges, training organisations and professional organisations.

Currently Swindon College sponsors our Kick Start coaching and development program, our NLP Diploma and we continue to develop new programs. Our professional memberships include the ANLP, the GHR and the Association for Coaching. We are currently negotiating with additional professional bodies on additional win-win relationships.

### **Our Philosophy**

We aim to prepare you for an experience that will not only give you career choice, but which is likely to change 'you', or your perception of yourself and others, for the better, our goal is to thoroughly enrich your map. We believe that working towards a greater understanding of the human condition is one of the most rewarding journeys of discovery that one can make.

We know that students come on our courses for many different reasons and backgrounds. Some to start a new career, some to enhance their present career, and some who simply want to find out more about how they and others 'tick'. Whatever your reason, our programmes of study can be adapted for your own personal goals and ambitions.

Initially the assessment needs of our courses may seem daunting and complicated, but we know that when studying on any of our courses your knowledge and understanding, and the unique way we structure your training, will mean that all will become clear. We will support you all the way.

Congruency is one of our main objectives and is achieved by way of a regulated and observed quality assurance that is paramount throughout UKCPD, wherever you are undertaking your studies. You can be confident that the training you will receive is amongst the finest available. We continually strive to maintain a very high standard in all aspects of our courses, and we are sure this will become apparent if you choose to study with us.

Our aim is that all our students enjoy their studies with us as much as we do teaching our courses. This enables our students to have the most rewarding learning experience of all, and more importantly, encourages confidence in knowing that when you start in practice you will be trained to the highest standards available today.

## What past students are saying.

*“Attending the NLP Practitioner course has already changed me and my life, and I know I can make lots more changes using everything I have learned. This is the most useful and fantastic training I have ever done - just an amazing experience in the way that the learning is so experiential and so immediately beneficial. The programme surpassed my highest expectations.”*

**Arlene Carson**  
**Training & Development Manager**  
**Thring Townsend Solicitors**

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*“The training program was amazing. Tony's style of training is so full of passion and energy that by the end of the course, I wanted to change the world, and felt that I could!”*

**Lee Andrews**  
**Sales Executive**  
**The Outside Clinic**

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*“I have worked with a number of training organisations and experienced probably 50+ UK trainers and I found the quality of the training provided by you, Chris and others to be exemplary.*

*I now find that I use some aspect of NLP in all my coaching sessions and one training manager at a business customer of mine said she thought it was those coaches who combined NLP within their coaching that were having the greatest impact on staff, of which I was one of the coaches she was referring to. More and more I am being asked by other coaches to share my NLP experience, I'm being seen as a 'coach's coach' and NLP is the thing that has had the biggest impact here.*

**Mark Watkins**  
**Life Coach**  
**[www.marktomwatkins.com](http://www.marktomwatkins.com)**

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*“Excellently put together in a way that made learning so easy and enjoyable. An excellent learning experience that has limitless applications both in work and in my personal life.”*

**Paul Scott**  
**Accounts Manager**  
**Nationwide Building Society**

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*I joined the NLP training program with Tony Nutley through curiosity and came out of it inspired and motivated. Tony has incredible ability to pack a huge amount of information surrounding both NLP and Hypnotherapy into a concise program without losing his grip on the group's fascination. So inspired was I that I went on from his program to become a GHSA Validated Practitioner in both NLP and Hypnotherapy.*

**Lisa Hillier**  
**Practitioner**

## UKCPD Core Training Staff

**Tony Nutley:** NLP Trainer & Life Coach, & UKCPD Training Director

Tony has been involved with personal development for almost 8 years. He has a passion for all things in the human potential field and is constantly researching and developing new approaches that empower his clients. Tony is passionate about personal development, and truly believes that everybody has the resources to lead an enhanced life if they are given the opportunity, tools and information to make personal life changes, set outcomes and are congruent with themselves and those around them.

Tony Nutley is a Master Practitioner in NLP, a qualified Clinical Hypnotherapist and a successful SFM™ Life Coach. Recently Tony has studied Ericksonian Psychotherapy (Contemporary Psychotherapy). He is currently studying traditional Psychology.

Tony works and lives in Swindon Wiltshire in the UK where he runs several workshops on personal growth and is a part time Lecturer for Swindon College. He has developed the Kick Start™ personal development coaching program and has produced the NLP Foundation Skills manual. Tony publishes a regular personal development e-zine. He has published two books.

Tony runs a busy therapy practice; he combines techniques from NLP, hypnotherapy and contemporary psychotherapy to help his clients move forward in their lives.

He is a member of the Association for Neuro-Linguistic Programming, a founding member of the International Association of Coaches, a member of the Association For Coaching and a member of the Success Factor Modelling™ Generative Venture Community™. He is a registered therapist with the General Hypnotherapy Register. He is also a Certified and an ANLP Accredited NLP Trainer.

His busy coaching practice has a growing coaching client base. Tony has worked with the following companies;

- Thring Townsend Solicitors
- Healthline International
- Performing Rights Society
- The Outside Clinic
- Latitude UK

Outside of his work Tony is an enthusiastic cook, he has a keen taste for Italian food and Spanish wine.

**Christopher Rasey:** NLP Trainer, Trainer and Coach

Chris is an NLP trainer and experienced people developer. He has spent twenty years in consultancy and training prior to integrating NLP into his life and work. As well as NLP, Chris has delivered individual skills, leadership and team events both nationally and internationally.

NLP Qualifications:

- NLP Practitioner
- NLP Master Practitioner
- Certified Trainer of NLP
- Certified NLP Coach

NLP Training Experience:

- 5 years of NLP Practitioner training for Back on Track
- NLP Practitioner seminars for John Seymour Associates Ltd
- NLP Master Practitioner seminars training for John Seymour Associates
- Guest trainer for John Seymour Associates NLP Trainer Training program.
- Trainer on the CMCG Practitioner Course

NLP Coaching Experience:

Recently, The Chief Executive of a National Charity, A Senior Director of Qinetiq, HR Director of an IT company. In most weeks, Chris will have at least three NLP Coaching assignments which will include employed professionals, self employed business people, and individuals attending NLP or other courses.

Other Relevant Experience:

Since becoming an NLP Practitioner, Chris has integrated NLP in his work with clients in the Professional Services, IT, Manufacturing, and Public Sectors, and has worked throughout the UK, Western and Eastern Europe.

His background as trainer and coach dates back to 1976 when he completed a Training Officers course. Before setting up his own training organisation in 1990, Chris had worked as trainer, manager and consultant in four organisations; United Glass, House of Fraser, Wimpy, Thorn-Emi Datasolve, where he ran various leadership and personal skill courses. Chris has also used TA and Assertiveness techniques and is qualified in MBTI and OPQ.

Outside of work Chris has spent many years as a rugby coach. Chris loves to dance and is also a keen singer.

**Leigh Grainger:** Training Consultant & Coach

Leigh runs Training4fusion a Swindon based training and coaching company and works with a range of industries to support organisations and individuals to be the best that they can be.

Leigh's qualifications include;

- Chartered Occupational Psychologist
- Master Practitioner in NLP
- Master Practitioner of Time Transformation Techniques
- Practitioner in Hypnotherapy
- Certified Coach

Leigh has worked with following organisations;

- AWE
- Crime Concern
- PPML
- MIRRC Thatcham
- Clarion
- AFL Focas
- Cooper Avon Tyres
- Paper Federation

In her spare time Leigh enjoys cooking and her cats. Both she and her husband are currently building their own house. Leigh also runs a private coaching / therapy practice.

More information can be found at

[www.training4fusion.co.uk](http://www.training4fusion.co.uk)

## Dates For **Swindon** NLP Program

October	7 <sup>th</sup> & 8 <sup>th</sup>
October	28 <sup>th</sup> & 29 <sup>th</sup>
November	18 <sup>th</sup> & 19 <sup>th</sup>
December	2 <sup>nd</sup> & 3 <sup>rd</sup>
January	13 <sup>th</sup> & 14 <sup>th</sup>
February	3 <sup>rd</sup> & 4 <sup>th</sup>
March	3 <sup>rd</sup> & 4 <sup>th</sup>
March	31 <sup>st</sup> &
April	1 <sup>st</sup>
April	28 <sup>th</sup> & 29 <sup>th</sup>
May	12 <sup>th</sup> & 13 <sup>th</sup>

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Investment cost only cost £1995.00.

The program will run in the Old Town area of Swindon, hotel details will be confirmed in due course. For additional course information or to register your interest in this program contact Tony Nutley via;

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**E-mail: [info@ukcpd.net](mailto:info@ukcpd.net)**

**Web: [www.ukcpd.net](http://www.ukcpd.net)**

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Discount (ask for details) \_\_\_\_\_
(please use discount code provided by UKCPD) \_\_\_\_\_

Total \_\_\_\_\_

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Contact Name: \_\_\_\_\_

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How did you hear about UKCPD?
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Could you suggest a colleague that would like to hear about this training program?
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Ask for a payment plan if required.

Joining instructions will be sent out 7 days before the commencement date.

Please Note: All students MUST take part in a Pre-Screening Interview before your admission on the program can be confirmed.

Thank You

For choosing UKCPD for your NLP training